AWARENESS PROGRAMMES FOR STUDENTS

GENDER RELATED PROGRAMS

<u>SNO</u>	NAME OF PROGRAM	<u>DATE</u>
1	Health Care Prevention & Protection for women by Dr. Sampath Kumari & Dr. Premalatha	15 th Dec 2014
2	Womens day celebration-Stress management lecture- Mrs Lavanya	4 th March 2015
3	Gender Harrassment lecture, Mrs Thenmozhi, advocate	16 th March 2015
4	An awareness program was conducted on "Prevention of sexual Offence against Children" on 27 th April 2016. Dr Kulandhai Kasturi, and Dr Pradeep and Dr Aruna Sharma	27 th April 2016
5	Gender Sensitization- Dr Murugeswari	23 rd June 2016
6	Women Health awareness program	1 st March 2017
7	Boys and Girls Health Awareness program- Dr Premalatha & Dr Sampath Kumari	10 th Oct 2017
8	Gender Harassment Lecture- Mrs. S Thenmozhi	7 th nov 2017
9	Gender Harassment Lecture by Ms. Latha Ramesh	25 th April 2019

HEALTH RELATED PROGRAMS

SNO	NAME OF PROGRAM	DATE
1	Vere deser Velse Velser des	1 (th Dala 2015
1	Yoga classes- Valga Valamudan	16 th Feb 2015
	group	
2	International Yoga Day	18 th June 2015
	Celebration- Isha Yoga	
3	Yoga classes- Valga Valamudan	25/9-3/10 2015
	group	
4	Anti – Tobacco Counseling	5 th Sept 2015
	Session for C.R.R.I students	
5	Organ Donation Campaign Was	20 th Oct 2015
	Conducted by Mohan	
	Foundation	
6	International yoga day	21 st june 2019

HUMAN VALUE RELATED PROGRAMS

SNO	NAME OF PROGRAM	<u>DATE</u>
1	Swatcha Bharath campaign was inaugurated	11 th Feb 2015
2	Road Safety Awareness Program, Dr. Jimson , MDS	7 th May 2015
3	How To Improve Skill In Communication And Approach With Patients was conducted for the	15 th July 2015

	interns- MBA Dept of Tagore engineering College	
4	Anti Ragging program- Dr Lakshmi Ravi DCI member	28 th Oct 2015
5	Personality Development Program was conducted by MBA staff of Tagore Engineering college	22nd December 2015
6	Empathy Skills Development- MBA Dept of Tagore Engineering College- Dr Priyadarshini	22 nd March 2016
7	Inter Personal Skills Program- Barriers of Communication- Mrs Smitha Mathew and Mr, Elantheriyan MBA dept of Tagore Engineering College	16 th Nov 2016
8	Menace of Ragging- Dr yohan Chacko & Ms S Saraswathy Add Superintend of Police retd.	30 th Nov 2016
9	Disaster Management Program- Youth Red Cross Society Prof R Manickam	23 rd Nov 2016
10	Traffic rules and Road safety awareness- DSP Mugilan	15 th June 2017
11	Menace of Ragging- Dr Sushila	22 nd Nov 2017
12	Value Education- Dr Anuradha Balram	27 th Nov 2017
13	Anti Ragging Program- Menance of Ragging- Dr Vikas Dhupar	29 th Sept 2018
14	DEPRESSION- Lets talk- Dr Sree T Sucharitha, Tagore Medical College	16 th Oct 2018
15	Menace of Ragging Mr. M S M Vallawan, Deputy Superintendent of Police	23 rd Ocr 2018
16	Guest Lecture on "Awareness of CYBER- CRIME"- Mr. V Balu, Senior Advocate	29 th March 2019
17	Soft Skills Enhancement workshop- Mr. Karthikeyan, MBA, Tagore	15 th April 2019

	Engineering College	
18	Ethics and profession conduct	25 th June 2019
19	Curbing the menace of Ragging	10 th June 2019

ENVIRONMENT RELATED PROGRAMS

SNO	NAME OF PROGRAM	<u>DATE</u>
1	Tree Plantation was done on the World Environment Day.	5 th June 2015
2	Tree Plantation along with Lions Club- Naturals Chennai	27 th Jan 2017.
3	Environment awareness and protection- Dr Raja	15 th June 2017
4	Tree Plantation by first year students	21 st Sept 2017



TAGORE DENTAL COLLEGE & HOSPITAL

Dt: 11.03.2015

CIRCULAR

A Program will be conducted on "Gender Harassment" addressed by Mrs. Thenmozhi.S - Advocate, on 16.03.2015 at the Auditorium at 10:30 A.M. All the Staff Members, final year, third year, second year & first year students need to attend the program.

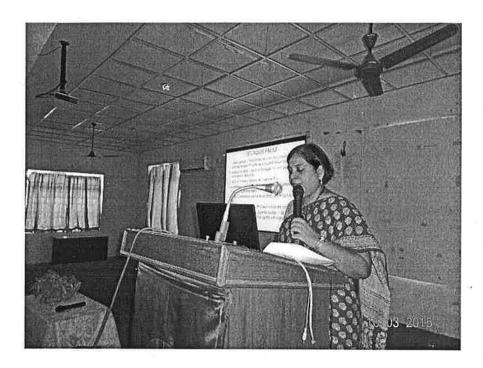
PRINCIPAL

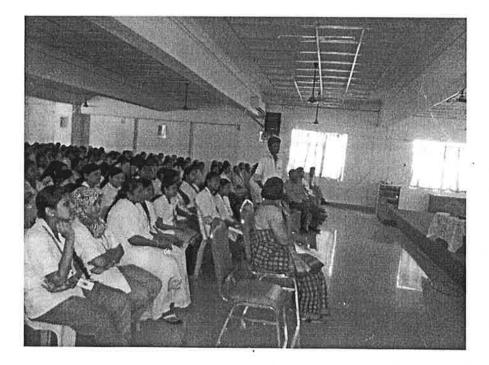
Tagore Dental College and Hospital GENDER HARASSMENT STUDENT & STAFF ENRICHMENT PROGRAM- 2015 Department of Oral and Maxillo-Facial Pathology

Our department Student and Staff Enrichment Program on topic "Gender Harassment" was held on 16th march 2015. Staffs from various departments of our college, Interns, final and third year students attended the program.

The program started at 10.30 am with introduction speech from Dr. Sai Krishna about program topic gender harassment. Introduction of speaker Advocate Mrs. Thenmozhi was given by Dr. P. Sai Krishna, Mrs. Thenmozhi discussed about psychology, reasons, hazards of gender harassment and ways to prevent it. She delivered lecture for 90 minutes followed by interactive session with students.

The speaker was felicitated with memento and certificate. Program was conducted with vote of thanks by Dr. Shruthi. Audience gave feedback that program was helpful and informative.





"PRUTEKT"

PREVENTION OF SEXUAL OFFENCE AGAINST CHILDREN

"CHILDREN ARE THE FUTURE CITIZENS OF OUR NATION"

Children need healthy environment for the overall development. Any unpleasant or untoward incident of abuse leaves a mark on the young impressionable minds.

Sexual offence against children is being reported by the media. So to sensitize the budding dental professionals against this sensitive issue and to create an awareness about it, A program titled " **PRUTEKT**"- **Prevention Of Sexual Offence Against Children**" was conducted by the Department of Pedodontics and Preventive dentistry under the aegis of our beloved principal **Dr. Chitra.R.Chandran** on **27.4.16** at the Auditorium of Tagore Dental College and Hospital.

Three eminent speakers shared their knowledge and experience. The first speaker - **Dr. Kulandai Kasthuri M.D** (pediatrics) former director of ICH Egmore and presently working as HOD of Pediatrics, Tagore Medical College and Hospital discussed in detail about "Child Sexual Abuse "and various signs and symptoms of such abused children.

Understanding the psychology of the abuser and the abused is imperative to prevent the occurrence of such incidents in future. So the second talk of the day was a presentation titled **"Child Abuse And Abuser Stigma" by Dr. R. Pradeep M.D** (psychiatry), Asst. Professor of Psychiatry at Tagore Medical College And Hospital on the importance of psychological counseling in these cases.

Third lecture of the day – " **Prevention Of Sexual Offence Against Children – Dental Prospective**" by **Dr. Aruna Sharma**, HOD Department Of Pedodontics And Preventive Dentistry, Tagore Dental College And Hospital , focused mainly on the management of such patients in the dental office.

The program was attended by the Staff and students (CRRI, III yr and IV yr BDS) of Tagore Dental College And Hospital. The lectures were very helpful for the students to understand the various aspects of child sexual abuse. Steps for prevention of sexual offence against children were impressed upon the gathering.



TAGORE DENTAL COLLEGE & HOSPITAL

Dt: 21.06.2016

CIRCULAR

A Program will be conducted on "Gender Sensitization" by Dr.N.Murugeshwari, Professor of woman studies, Bharathidasan University, on 23.06.2016 at the Auditorium at 10:30 A.M. All the Staff Members, final year, third year, second year & first year students need to attend the program.

PRINCIPAL

"GENDER SENSITIZATION"

Gender sensitization is a very sensitive issue which is calling for attention to fight the violence and crimes against individuals . So to sensitize our students on the importance of gender equality, a lecture was organized by Department of Pedodontics and Preventive Dentistry, under the able guidance of our beloved Principal Dr.Chitraa .R. Chandran, which was attended by all faculty, CRRI, IV yr and III yr students on **23.6.16** at the auditorium at Tagore Dental College and Hospital . The Guest speaker was **Dr.N. Murugeshwari**, MA, M.Com, MBA, MPhil, Phd, Professor of Women Studies and Publication Officer i/c, Bharathidasan University, Trichy.

The talk which lasted for 2 hours highlighted various issues such as violence against women , harassment both at the domestic front and at work place and stressed the importance of gender equality which leads to the development of society and of the nation as a whole, as the students of today are the future citizens of tomorrow

Department of Women's Studies	Professor	Dr. N. Murugeswari
Women's S		wari
Studies		



EDUCATIONAL QUALIFICATIONS

PGDPMIR	M.Com.,	Ph.D	PGDHRM	M.A	M.B.A.,	M.Phil,	M.C.S.,	B.B.A	Qualification
Alagappa University, Karaikudi	Tamil Nadu Open University, Chennai	University of Madras	Alagappa University, Karaikudi	Mother Teresa Women's University	Alagappa University, Karaikudi	Alagappa University, Karaikudi	Alagappa University, Karaikudi	Fatima College, Madurai (M.K.University)	College / University
Personnel Management	Commerce	Corporate Secretaryship Under the faculty of Commerce	Human Resource	Women's Studies	Human Resource Management	Corporate Secretaryship	Corporate Secretaryship	Business Administration	Subject / Discipline

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FIELD
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Business Law	Human Resource Management	Women Entrepreneurship	Women and Development	Gender and Management
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TEACHING EXPERIENCE

12 Years since 2000, Faculty in Commerce/ Management and 2011 February onwards Faculty in Women's Studies

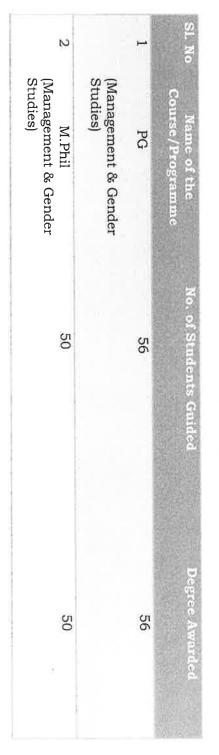
SOMETER

Name of the Institution	Position	Duration .
Sree Sevugan Annamalai College, Devakottai.(Sivaganga District)	Lecturer in Commerce	2000-2001
Justice Basheer Ahmed Sayeed College For Women, Chennai- 18.	Senior Lecturer in Corporate Secretary ship	2001 - 2008
Department of Women's Studies Bharathidasan University, Trichy-23	Associate Professor of Women's Studies	18.02.2011- 17.02.2014
Department of Women's Studies Bharathidasan University, Trichy-23	Professor of Women's Studies	18.02.2014 onwards

ADMINISTRATIVE EXPERIENCE

Name of the Institution	Designation	Duration
Bharathidasan University, Khajamalai Campus,	Head of the Department (I/c),	2012 - 2013
Trichy - 23	Department of Women's Studies	
Bharathidasan University, Palkalai Perur, Trichy - Publication Officer (I/c)	Publication Officer (I/c)	03.01.2014 to
24.		Till Date
Bharathidasan University, Palkalai Perur, Trichy -	Deputy Warden	04.09.2014
24.		onwards

RESEARCH GUIDANCE



Fabrication of a District Based Rehabilitation Model Centre in Tiruchirappalli District of Tamil Nadu[»].

Address for Communication

Dr. N. Murugeswari Professor and Publication Officer i/c Department of Women's Studies Bharathidasan University Khajamalai Campus Tiruchirappalli e-mail : <u>dr.nmurugeshwari@yahoo.in</u> <u>drnmurugeswari@gmail.com</u> Mobile: +91- 98415 52799

TAGORE DENTAL COLLEGE & HOSPITAL Women Health Awareness Program – 1/3/2017

" Time and Health are two precious assets that we don't recognize and appreciate until they have been depleted."

Recognizing the importance of this quote and as a part of International Women's day celebrations, Women's Health Awareness Program was conducted on the first day of March at then Auditorium, Tagore Dental College & Hospital, Chennai.

Two eminent speakers, Dr Premlatha and Dr Sampath Kumari, both Gynaecologists by profession and associated with Tagore Medical College and Hospital, Chennai were invited to address the gathering which consisted of I, II, III, . Both the speakers stressed upon the importance of diet, nutrition, exercise and maintenance of hygiene especially during the menstral periods. The main take home message for the students was:

- Importance of Balanced diet and nutrition- To take balanced diet and nutritious food to ensure the nutritional status of the body is maintained. The students were also advised to consume greater quantities of green leafy vegetables and other food sources rich in iron so as to avoid becoming victims of Iron Deficiency Anaemia.
- Aviodance of Junk food To eat those food items that were advocated by grandmother and great grandmother and to totally avoid those food items not . approved by them.

- Essentiality of Exercise The essentiality of exercise was also stressed upon and \succ the students were advocated to perform mild exercise (either walking or simple yoga asanas) for 30 minutes to 40 minutes, twice a day.
- > Maintenance of Hygiene especially during Menstral Periods was emphasized upon not only to prevent the onset of any infections but also to overcome the minor health issues and disturbances that one comes across during menstral cycle.
- > Unity Also the advantages of overcoming one's ego and being united and helping friends was emphasized as

"The I in Illness is Isolation &

Crucial Letters of Wellness are W, E"

Believing in this principle, The Management and Staff of Tagore Dental College & and Tagore Medical College work together hand in hand for providing health care services to the students and the community.

Report prepared by Dr. Alema Sharma.

Dr.S. ARUNA SHARMA & HOD, Pro Department of Pedodontics TAGORE DENTAL COLLEGE & HOSPITAL Rathinamangalam, Vandalur (P.O) Chennai-600 127.

HEALTH AWARNESS PROGRAMME REPORT

DATE: 10/10/2017

DAY: Tuesday

VENUE: Dr. A.P.J Abdul Kalam Auditorium, Tagore Dental College

SPEAKERS: Dr. Premalatha, Dr. Sampath Kumari

PARTICIPANTS: I, II, III, IV year Students

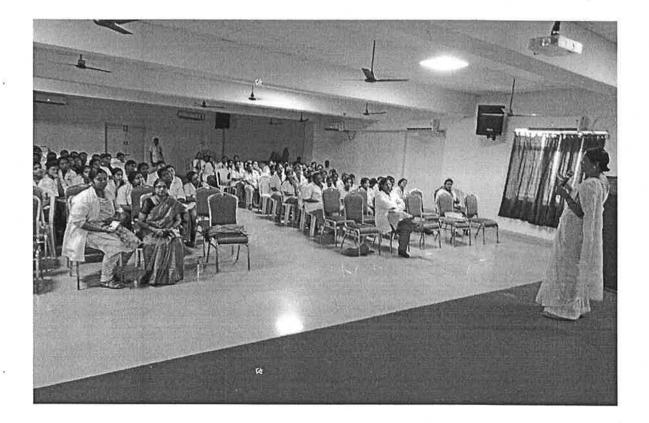
Recognizing the importance of health and to extend its importance among the students, a health awareness programme was organized on 10^{th} October 2017. The speakers invited for the programme were Dr. Premalatha and Dr. Sampath Kumari. Both the speakers had previously conducted an awareness programme for female students. This programme was organized to benefit all the students, both male and female.

The programme started with a prayer song followed by welcome address by Dr. Chitraa R. Chandran, Principal, Tagore Dental College & Hospital. This was followed by the first lecture by Dr. Premalatha. She spoke on the ill effects of junk food and how it takes a toll on the health of adolescents. She also emphasized the importance of a balanced diet and how it would promote the overall health of the individual.

The second lecture was given by Dr. Sampath Kumari, who spoke on the importance to daily exercise. She demonstrated a few exercises to the students and encouraged them to do the same everyday. She concluded by explaining how exercising for a few minutes everyday would highly benefit both physical and mental health.









TAGORE DENTAL COLLEGE & HOSPITAL

Dt: 28.10.2017

CIRCULAR

A Program will be conducted on "Gender Equity" addressed by Mrs. Thenmozhi.S - Advocate, on 02.11.2017 at the Auditorium at 10:30 A.M. All the Staff Members, final year, third year, second year & first year students need to attend the program.



02/11/2017

DR.SAI KRISHNA MDS,

Prof& HOD

From

Department of Oral & Maxillofacial Pathology Tagore Dental College& Hospital

То

The Principal

Tagore Dental College& Hospital

Chennai – 600 127.

Sub : Report for Staff and Student Enchrichment program -2017 on Gender Equality held on 02/11/17.

Respected mam,

We have conducted a Staff and Student Enchrichment programme – 2017 on Gender Equality held on 02/11/17 in the college auditorium at 10 Am. The programme was started with an inaugural speech by Dr. Balagopal, Vice Principal (Academics) and Dr.P. Sai Krishna, HOD, Department of Oral Pathology. The speaker was welcomed with a bouquet by Dr. Aruna Sharma, HOD, Department of Pedodontics. The programme was followed by a debate. 5 student were selected from each year namely Pravina(I BDS), Tanish (II BDS), Deepika.C (III BDS), Subam Aggarwal (IV BDS) and Swetha (CRRI) who were given 3to 5 minutes each.

After the debate, we had an excellent lecture by Mrs. Thenmozhi.S on Gender Equality for 45 mintues. She is an advocate by profession. Mrs. Thenmozhi addressed the entire audience. It was interactive lecture with discussion along with the students. HOD's and staff members from all the departments. The number of students participated from II BDS, III BDS and CRRI's were 186. The number of staffs participated were 36. Students were allowed to participate in the debate and were judged by the speaker. All five students one from each class spoke quite well out of which the best two were selected and given prizes – Pravina (I BDS) with I prize and Tanish (II BDS) with II Prizes were given by Dr.Balagopal & Dr.Jimson respectively.

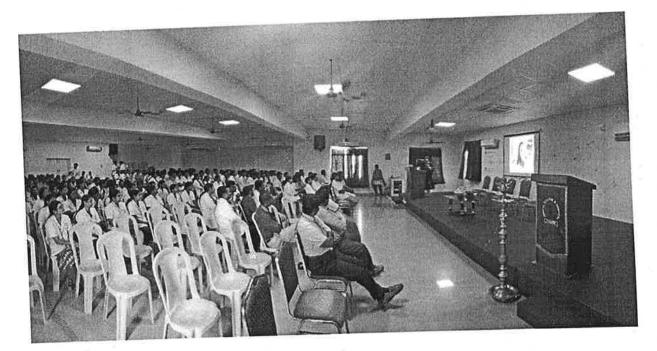
The speaker of the day Mrs. Thenmozhi.S was felicitated by Dr. Sai Krishna with a momento and certificate.

Thanking you

Your's Obediently

(DR.P.SAI KRISHNA)







TAGORE DENTAL COLLEGE & HOSPITAL

Dt: 18.04.2019

CIRCULAR

A Guest lecture will be conducted on "Gender harassment awareness and prevention". The program will be addressed by Mrs. Latha Ramesh an Independent Management Consultant & General Council member eWIT, on **23/04/2019** at the APJ Abdul Kalam Auditorium, Tagore Dental College at 10 AM. All the Staff Members, final year, third year, second year & first year students need to attend the program.

PRIN

GENDER HARASSMENT AWARENESS AND PREVENTION GUEST LECTURE BY: LATHA RAMESH General Council member eWIT Date: 23/04/2019

Number of Participants: I, II and III year BDS students Venue: APJ Abdul Kalam Auditorium, Tagore Dental College

Mrs. Latha Ramesh is an Independent Management Consultant. She is a member of non profit organization engaged in improving the share and sustainability of women in IT industry. After a brief introduction by Dr Chitraa R Chandran, Principal, Tagore Dental College & hospital, her lecture started by 9.30 AM. The students were asked to come out with their thoughts about gender harassment in college. They were explained about the difference between friendly approach and gender harassment. The students were enlightened about the measures to prevent gender harassment. It was an interactive session. Few doubts from the students were clarified by Mrs. Latha Ramesh. The lecture was informative for the students. The lecture ended by 11 AM. Mrs Latha Ramesh was felicitated with a bouquet and momento by our principal madam.









STUDENTS' UNION 2014 - 2015 TAGORE DENTAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai - 600 127. Ph : 044-30102222 E-mail : tagoredch@gmail.com Web site : www.tagoredch.com

Chairman (Advisory Council) *Dr. Chitraa R Chandran*

Cultural Secretary (Advisory Council) Dr. Priya Prabhakar

President Mr. R. Ramthilak

\ **e President** Mr.R.Nivas & Mrs.Divya

General Secretary Ms. A. Hemalatha

Finance Secretary Ms. A. Nirmeen

Literary Secretary Mr. C. Arunkumar

Cultural Secretary Mr. M, Manikandan

£ *Arts Secretary Mr. R. Gokul Krishnan*

Ladies Hostel Secretary Ms. K. Pavithra Devi

Boys Hostel Secretary Mr. S. Chellavignesh

Class Representative

Mr. P. Poovarasan 1styear

Mr. A. AAkash Britto 2nd yea

Mr. A.Vimalan &Ms.S. Aswine 3rd year

Mr. R. Joshua &Ms.S.Poornima 4th year 04-11-2015

ORGAN DONATION PROGRAMME REPORT

Giving life a second chance – An awareness programme on organ donation was conducted on 20th October 2015 at our college auditorium. The programme was conducted to create an awareness on saving lives by donating organ in association with MOHAN foundation . The programme witnessed the presence of our principal Dr.Chitraa R Chandran, Vice principal Dr.S.Balagopal, HOD's of all department, Staffs, CRRI's and students from 3rd year and final year . Dr.Hemal kanvinde from MOHAN foundation was invited as a guest speaker to give a talk on Organ donation and its ethics. The programme started with the lighting of lamp by our Vice principal Dr. S.Balagopal, Dr.Hemal kanvinde, Mr.sathish followed by a seminar on Organ donation .The seminar topic covered the ethics on organ donation , when and where to do?, Brain deaths, Case reports and Registrations .Over 200 students, staffs participated in the programme and the programme highlighted with 100 registrations on eye and other organs. The students and staffs were given badges and pamphlets having information on organ donation . As an end of the programme the guest speakers were honoured with a momento by our principal followed by signing the organ donation supporting board



Dr. CHITRAA R. CHANDRAN PRINCIPAL TAGORE DENTAL COLLEGE 3 HOSPITAL CHENNAL-600 127

INTERNATIONAL YOGA DAY 2019

Date: 21st June 2019

Venue: Tagore Dental College and Hospital, Rathinamangalam, Chennai

Resource persons: Sky Yoga

On the occasion of International Yoga Day, a demonstration programme was organized at Tagore Dental College and Hospital in association with Sky Yoga – WCSC, Chromepet.

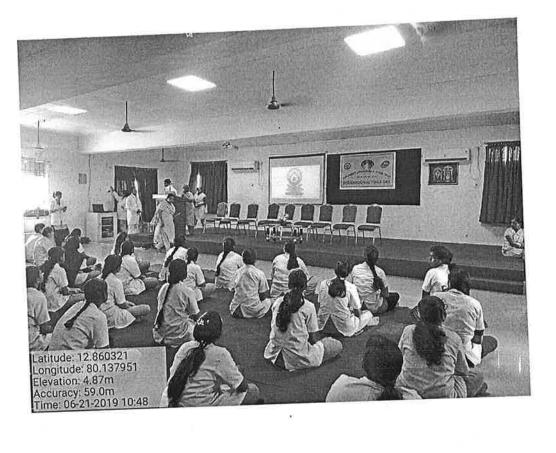
130 students of First Year, Second Year and C.R.R.I actively participtated in the programme.

The programme started with a video briefing about the various Asanas and Mudras to get the students oriented towards the health benefits of Yoga. This was followed by a live demonstration of 6 asanas and 8 mudras by instructors and was performed by the students. These asanas were aimed at improving eyesight, concentration and memory power.

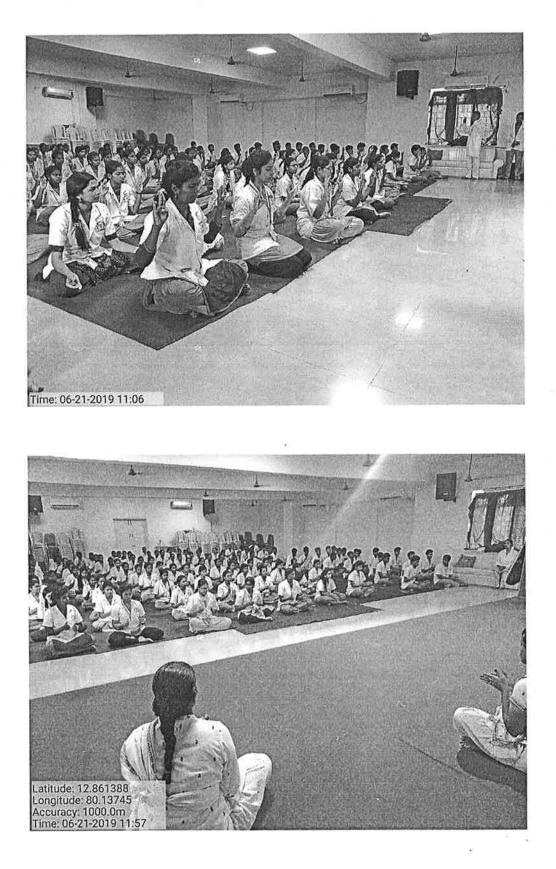
Yoga exercises to regulate breathing and strengthen the spinal cord and bone joints were demonstrated. All students were encouraged to perform these asanas under the expert supervision of instructors who also clarified any doubts or concerns that students had about the various asanas.

The programme also highlighted the benefits of Kayakalpa – how to slow down the ageing process and boost the immune system. The instructors concluded the programme with the Suryanamaskar and a prayer song.

The students found the programme to be very useful and all the students urged the need to conduct similar programmes in the future.







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25. Mohan Dev

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9 . M. Subash

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TAGORE DENTAL COLLEGE & HOSPITAL

Rathinamangalam, Vandalur Post, Chennai - 600 127. Ph : 044-30102222 E-mail : tagoredch@gmail.com Web site : www.tagoredch.com

Regd. Office : No.29, Mahalingapuram Street, Mahalingapuram, Chennai - 600 017. Ph : 044-28173772 / 28175144

Dr. Chitraa R. Chandran, M.D.S.,

Principal Professor & Head of Periodontics

26.10.2015

To DR. LAKSHMI RAVI MEMBER, DENTAL COUNCIL OF INDIA, CHENNAI

Dear Madam,

I am thankful to you for accepting to be the chief faculty for the seminar on "Measures for Curbing the Menace of Ragging" to be conducted in our institution on the 28th October, 2015 between 1.30PM and 3.30PM.

The first year BDS students, representatives of other years, faculties of the college, members of the Anti-Ragging Cell of the college and the College Boys and Girls Hostel wardens are directed to attend the seminar. As per DCI requirement and a societal obligation we have also invited the local administrative officers, local police officer, parents/guardians of the students, and responsible functionaries from the public and agencies who are members of our institutions committees.

All the necessary arrangements shall be done by the college for the successful conduct of the program. Please feel free to contact me or Dr. S. Balagopal, Vice-Principal (Academics) Mobile: 9444039411 for any requirements and clarifications.

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Eagerly looking forward to meet you in person.

Yours truly,

Dr. CHITRAA R CHANDRAN Dr. CHITRAA R. CHANDRAN

Residence : Flat 4AB, Block II, Sidharth Heights, 55, Arcot Road, Saligramam, Chennai - 600 093. Ph : 4271 8146

Clinic : 33, Arya Gowder Road, West Mambalam, Chennai - 600 033. Ph : 2489 1252



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Dr. Chitraa R. Chandran, M.D.S.,

Principal Professor & Head of Periodontics

> To MR.J.RAJAH SAMUEL, MA,BL. ADVOCATE, NOTARY& COMMISSIONER OF OATHS HIGH COURT, CHENNAI

26.10.2015

Sir,

I am thankful to you for accepting to participate in the seminar on "Measures for Curbing the Menace of Ragging" to be conducted in our institution on the 28th October, 2015 between 1.30PM and 3.30PM.

The first year BDS students, representatives of other years, faculties of the college, members of the Anti-Ragging Cell of the college and the College Boys and Girls Hostel wardens are directed to attend the seminar. As per DCI requirement and a societal obligation we have also invited a member of the Dental Council of India, the local police officer, the local administrative officers, parents/guardians of the students, and responsible functionaries from the public and agencies who are members of our institutions committees.

All the necessary arrangements shall be done by the college for the successful conduct of the program. Please feel free to contact me or Dr. S. Balagopal, Vice-Principal (Academics) Mobile: 9444039411 for any requirements and clarifications.

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Empathy Skills Program

Date: 22 March, 2016

Time: 1 – 2 pm

Attendees: Students Undergoing Internship 2015-16

Resource Person: Dr. P. Priyadarsini PhD (Professor & Head - Management Studies, Tagore Engineering College)

Empathy is the art of seeing the world as someone else sees it. When we have empathy, it means we can understand what a person is feeling in a given moment, and understand why other people's actions made sense to them. Empathy helps us to communicate our ideas in a way that makes sense to others, and it helps us understand others when they communicate with us. It is one of the foundational building blocks of great social interaction.

Fortunately, empathy is part talent and part training. Depending on our starting level of ability, getting better at empathy might require more or less work than someone else---but no matter what our starting point, we can teach ourself to be better at empathy.

As a continuation of fulfilling the goal of developing the personality of every individual associated with our college, we had organized this particular one hour session for our Internship students.

Dr. P. Priyadarsini's efforts for this program started a month before this date when she conducted a survey on the perception of Empathy amongst Interns. Her lecture was structured based on the results of the survey. Dr. P. Priyadarsini public speaking skill & modesty was very evident when she managed to invoke interest & make the session interactive to convey the point. Dr. P. Priyadarsini concluded that Empathy is the most important skill we can practice. It will lead to greater success personally and professionally and will allow us to become happier the more we practice.

Overall this program was first of its kind & an eye opener for many attendees. Another session is being planned on 'Practice Management' for the same audience after a few months.



Inter-Personal Skill Program

Barriers in Communication

Date: 16 Nov, 2016

Time: 9:30 am – 11:00 am

Attendees: First Year BDS students

Resource Persons: Mrs. Smitha Mathew, Mr. Elantherian

As part of the continuing strategy to render progress & efficiency to all people associated with the Tagore Dental College, another program was conducted for the 1st year BDS students of Tagore Dental College & Hospitals on 16 Nov, 2016. The resources persons were Mrs. Smitha Mathew and Mr. Elantherian (Management Studies, Tagore Engineering College).

Mr. Elantherian in his session reiterated guidelines on developing personality. He spoke with clarity and made it easy to understand for all the students.

Mrs. Smitha Mathew spoke on different Barriers of Communication. Her session was energetic and the audience was captured by the descriptive & illustrative examples. Suggestions were also made on how to overcome these barriers.

This program was well-received by the students & invoked interest in developing personality. Other follow-up sessions are planned for the same audience later.

Date: 30.11.2016.

Name of the programme organized: CURBING THE MENACE OF RAGGING.

Resource persons/speakers:Dr.YOHAN CHACKO.

Ms.S.SARASWATHY.

Approved CDE points:

Total number of TDCH staffs participated: 6

Number of other participants from outside: 300

The anti ragging programme intented to create awareness among the students. The two speakers of the programme did immense justice to their given task. The students took oath against ragging in the form of a lively song.





DEPARTMENT OF CONSERVATIVE DENTISTRY AND END ODONTICS

Date: 27.11.2017.

Name of the programme organized: " VALUE EDUCATION"

Resource persons/speakers:

DR ANURADHA BALARAMAN PHD, IES.

Approved CDE points: - nil

Total number of tdch staffs participated: 11

Number of other participants from outside: 62

The value education programme gave an in-depth insight about educational system in our country and trains ourself to customize our perspective towards different situation in day to day life. Also added that one should analyze the social challenges and to over come that. The speaker of the programme did immense justice to their given task.



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DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS

Date: 22.11.2017.

Name of the programme organized: CURBING THE

MENACE OF RAGGING.

Resource persons/speakers: V. SUSILA ANAND. M.D.S, Phd.

Approved CDE points: -

Total number of TDCH staffs participated: 10

Number of other participants from outside: 310

The anti ragging programme intented to create awareness among the students. The speaker of the programme did immense justice to their given task. A questionnaire was given before the lecture was started, and which was later collected by speaker for understanding the student understanding of the problem.

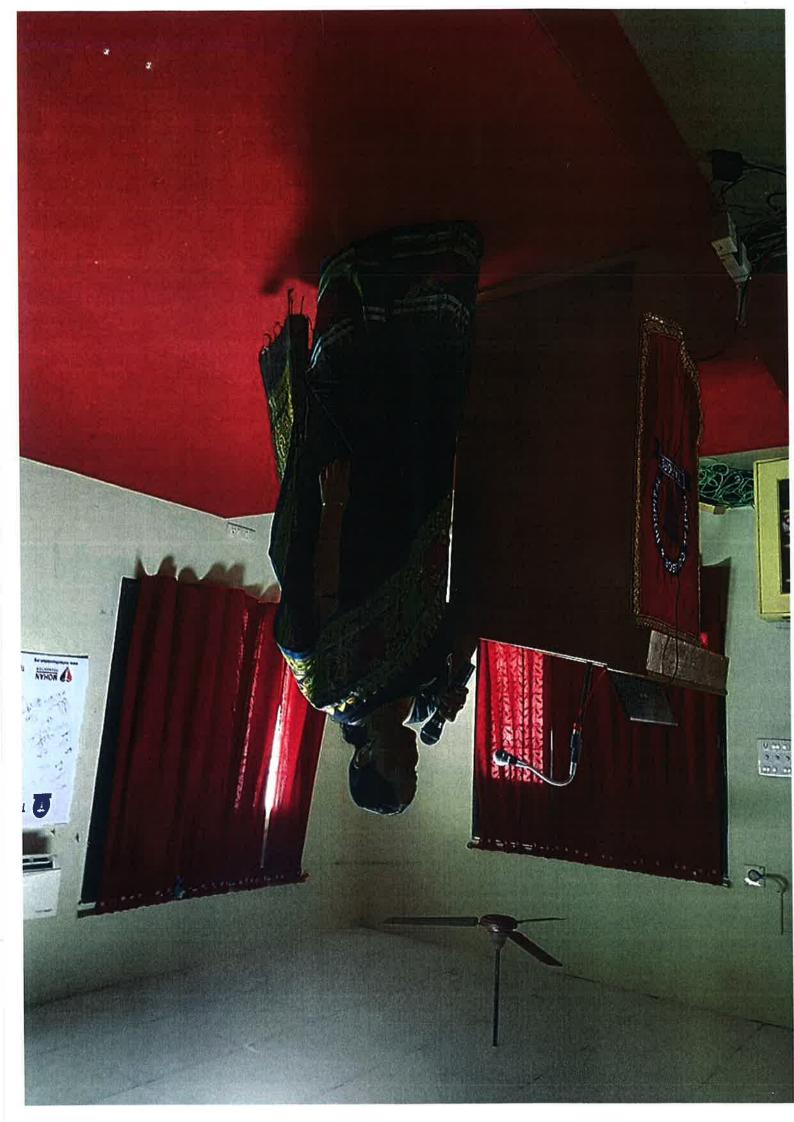


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TAGORE DENTAL COLLEGE AND HOSPITAL

ANTI RAGGING SQUAD TRAINING WORKSHOP - 2 P.M to 3 P.M

Date: 09.10.2018.

Name of the programme organized: "WORKSHOP FOR ANTI RAGGING COMMITTEE MEMBERS"

Participants: Members of anti ragging committee and squad

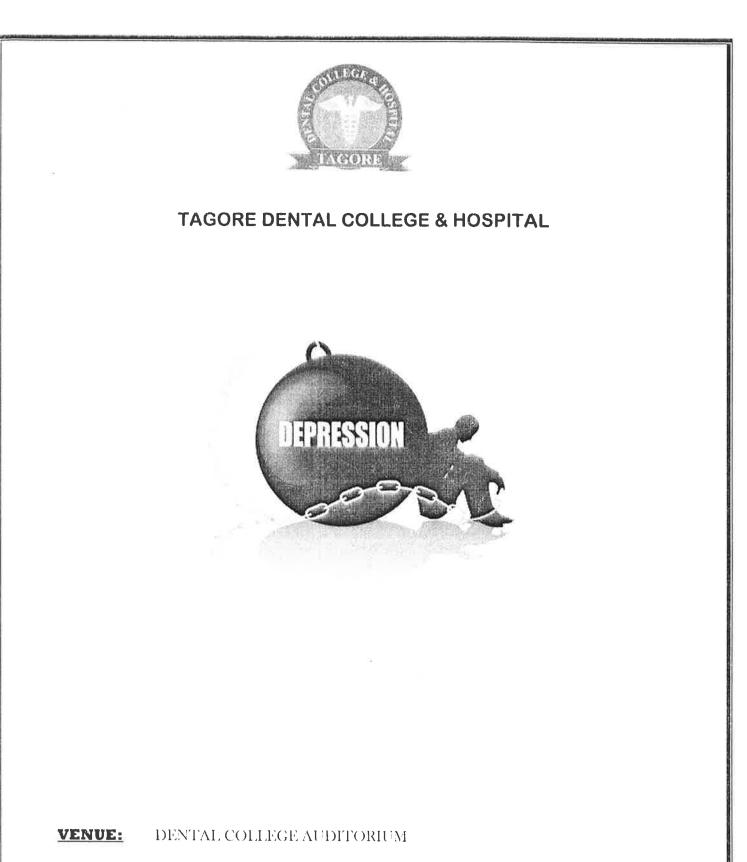
A workshop to curb the menace of ragging was conducted in Tagore Dental College auditorium for all the members of the Anti-Ragging Committee and squad. **Dr.VikasDhupar** gave an enlightening speech and made the members understand various problems faced by students who undergo ragging and the legal implications faced by the culprits. He also highlighted the various laws which prevailed under the ragging act. He stressed upon the importance of the dental college being a calm and peaceful atmosphere devoid of ragging, to enable the student to study the course.

He advised the members to be active participants and go on rounds in the college, canteen, bus and hostels to instill confidence among the first year students and prevent ragging. And also be compassionate to the students and listen to their needs and complaints.

He insisted that Anti-ragging committee members should create a conducive environment for learning and take all necessary steps to prevent/prohibit/curb ragging of any type inside the campus. He also asked the committee members to be available and approachable for the students in case of any such issue.

The Anti-ragging committee members found the program very useful. The audience appreciated the efforts of the Dental Council of India to make every dental institution "RAGGING FREE".

Dr.CHITRAA R.CHANDRAN PRINCIPAL TAGORE DENTAL COLLEGE AND HOSPITAL RATHINAMANGALAM, VANDALUR POST, MELAKOTTAIYUR CHENNALEOD 127.



DATE : 16-10-2018 (TUESDAY)

TIME : 10.30 AM

BRIEF OUTLINE OF THE PROGRAM

Depression is a common illness characterized by persistent sadness and a loss of interest in activities that one normally enjoys, accompanied by an inability to carry out daily activities, for at least two weeks.

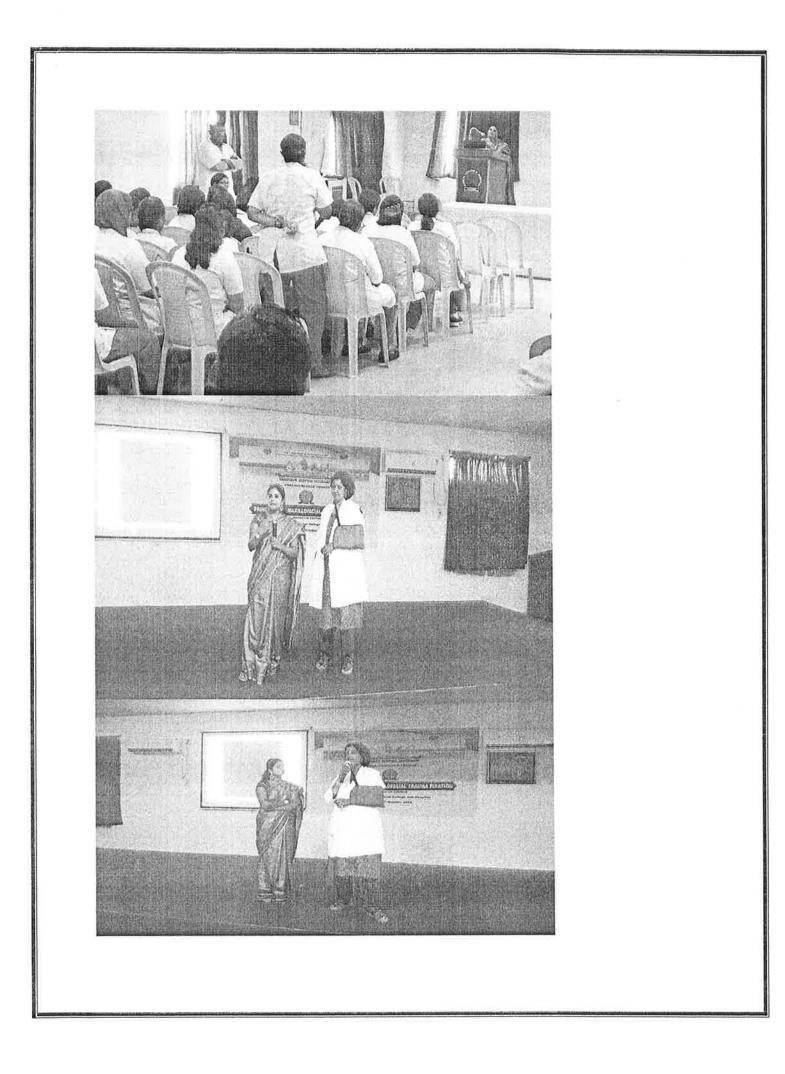
In addition, there may be a loss of energy; a change in appetite; sleeping more or less; anxiety; reduced concentration; indecisiveness; restlessness; feelings of worthlessness, guilt, or hopelessness; and thoughts of self-harm or even committing suicide

Depending on the number and severity of symptoms, a depressive episode can be categorized as mild, moderate, or severe. There are effective treatments methods for depression which was well explained by Dr. Sree T Sucharitha from Tagore Medical College and Hospital to the 1st year and 2nd year BDS undergraduate students in our dental college auditorium on 16th October 2018 at 10.30 am.

The vote of thanks and memento was given to chief guest by Dr Chitraa R·Chandran - Principal - Tagore Dental College and Hospital.



29/10/2018







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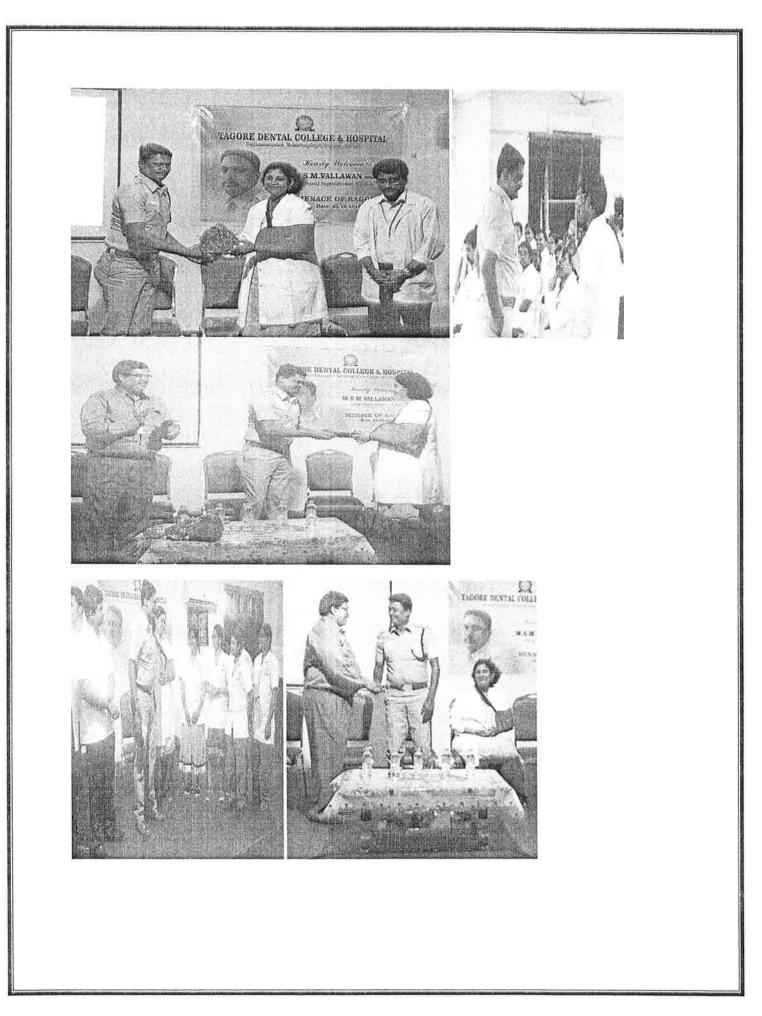


MENACE OF RAGGING

DATE: 23-10-2018

TIME: 12.00 PM

VENUE: DENTAL COLLEGE AUDITORIUM



PROGRAM SCHEDULE

<u>S.NO</u>	STAFF NAMES	WORK DONE
1.	Dr.BALAGOPAL.S	WELCOME NOTE
2.	Dr.CHITRAA R.CHANDRAN	HONOURING THE CHIEF GUEST
	INTERACTIVE SESSION TO TH Mr.M.S.M.VALLAWAN	
	(DEPUTY SUPERINTENDEN	T OF POLICE)
3.	Dr.CHITRAA R.CHANDRAN	PRINCIPAL ADDRESS
		&
		MEMENTO TO THE CHIEF GUEST
5.	DR.VENKATAKRISHNAN.C.J	VOTE OF THANKS

ORGANIZED BY: ANTIRAGGING COMMITTEE

BRIEF PROGRAM OUTLINE

It as got ing does not break the ice, it breaks lives, careers and families!

"If education, and particularly Higher Education, is to serve as the lever to the great surge forward of the Indian nation, the scourge of ragging which corrodes the vitals of our campuses needs to be curbed"

This program was conducted by the "Antiragging Committee" on 23rd October 2018 at 12 pm for the 1st, 2nd and 3rd year BDS undergraduate students in our dental college auditorium by Mr.M.S.M.Vallawan (Deputy Superintendent Of Police).

The welcome note about the chief guest was done by Dr.Balagopal.S – Viceprincipal (Academics) followed by honoring the chief guest with flower bouquet by Dr.Chitraa R. Chandran – Principal .

2 hours of brief Interactive session with the students and staffs was done by the chief guest Mr.M.S.M.Vallawan -Deputy Superintendent of police ,

- Started with what is ragging and did they exposed to it or not in our college ? from various students interacti vely
 - Most of the students said they didn't got exposed such type of ragging harassments in tagore dental college and hospital.
 - Some students said they have experienced the ragging during their school days hostel and during the preparation of NEET exams by their fellow seniors during their entrance prepration.
- After knowing the students experiences Mr.M.s.m Vallawan explained the,
 - Types of ragging
 - o How to overcome those situations

- When and where to seek help ?
- How to approach the antiragging committee members and police and college management for stopping the ragging inside the college campus and in public places.
- And he introduced a free mobile application "KAVALAN" and helpline number to the fellow students from any types of harassments and in emergency situations during travelling in a taxi or auto etc.

Memento was presented to the chief guest by the principal - Dr Chitraa R.Chandran .The vote of thanks was presented by Dr.C.J.Venkatakrishnan.



TAGORE DENTAL COLLEGE AND HOSPITAL

AWARENESS OF CYBERCRIME AMONG STUDENTS

DATE: 29/03/2019

VENUE: TAGORE DENTAL COLLEGE & HOSPITAL

PARTICIPANTS: I, II, III YEAR STUDENTS

SPEAKER: Mr. V. Balu, Senior Advocate, Madras High court

In today's world, The Internet has become an "intergral part of life", where people are totally dependent on the net from communicating, reading e-newspapers and magazines, playing interactive games and even for education purposes (teaching and learning) and for selfimprovement.

But this spurge of technology has also witnessed its misuse and abuse where we all come across an increase in crime rate mainly through the use of computers and internet – "Cybercrime." So to improve awareness among our students and to make them more sensitive towards the abuse of internet, A senior Advocate from the Erstwhile Madras High Court, Mr V. Balu was invited on 29/03/2019 to deliver a talk on Cybercrime at the Auditorium of Tagore Dental college And Hospital, Chennai.

The lecture lasted for about a hour and a half and Mr V. Balu impressed everybody with his oratorical skills as he spoke in a very jovial manner. He cautioned the younger generation about the harm thet can befall due to the unchecked of use of the internet. He advised the students about setting of passwords and not to post any personal matters and issues on the net. He concluded the talk by saying that the internet has turned out to be a "Necessary Evil" and its in the hands of the users to use it wisely.

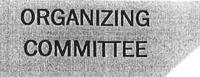
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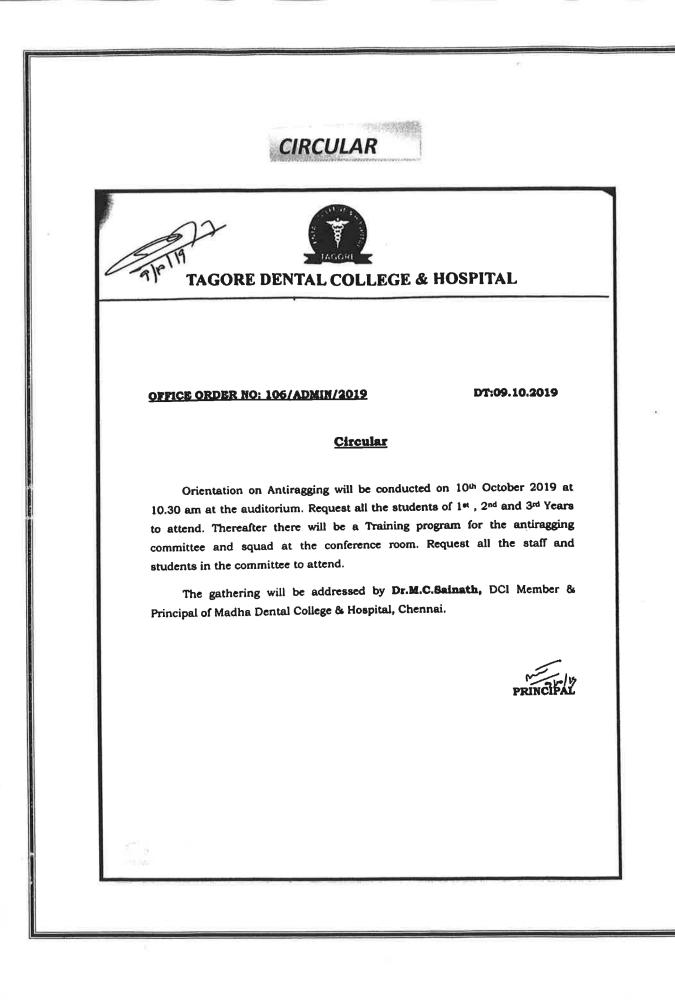
TAGORE DENTAL COLLEGE & HOSPITAL GUEST LECTURE ON

ANTI-RAGGING

ON: 10-10-2019 AT: 10:30 AM IN:AUDITORIUM



<u>S.NO</u>	STAFF NAMES
1.	DR.CHITRAA.R.CHANDRAN,M.D.S.,
2.	DR. VENKATKRISHNAN, M.D.S.,
З.	DR.S.BALAGOPAL,M.D.S.,
4.	DR. B. HEMA SATHYA, M.D.S,
5.	DR. VANDANA JAMES,M.D.S.,





1. UGC certified Anti-ragging AV displayed for students

2. WELCOME of GUEST SPEAKER- Dr. CHITRAA.R.CHANDRANMDS., Principal of Tagore Dental College and Hospital

3. INTRODUCTION OF SPEAKER- Dr.Balagopal, Head of the Dept, Conservative and Endodontics, Tagore Dental College and Hospital

4. GUEST LECTURE- Dr.M.C.Sainath MDS, DCI member, Principal of Madha Dental College

5. MOMENTO PRESENTATION – Dr. Venkatakrishnan, Vice Principal, Tagore Dental College Date: 10.10.2019

Name of the programme organized: "ANTI RAGGING ORIENTATION PROGRAM"

Resource persons/speakers: Prof.M.C.Sainath MDS.,, MEMBER DCI.

Participants: Students of I, II, III BDS Course and members of anti ragging committee.

BRIEF REPORT

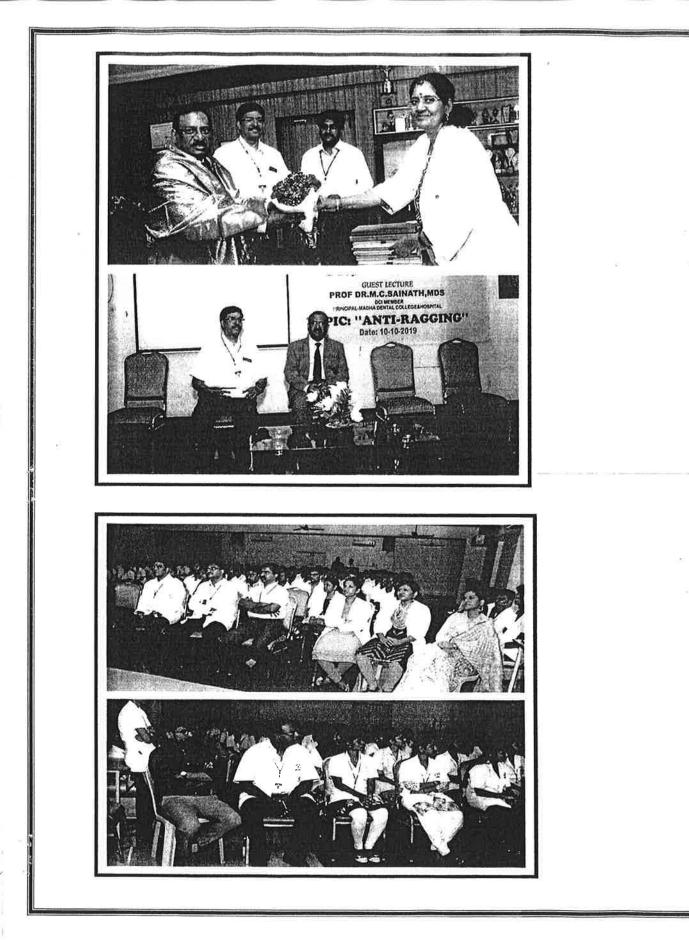
A program on awareness against ragging was conducted in Tagore Dental College auditorium for all the students of I, II and III BDS. The guest speaker was Prof.M.C.Sainath MDS.,who is an eminent Orthodontist. He is currently a member of DCI and Principal of Madha Dental College & Hospital.

He gave a very wholesome lecture about the menace of ragging. He started of the lecture with inspirational quotes to emphasize on the fact that we all need to be more sensitive and considerate of others feelings and emotions. He talked about the past incidents of ragging in India and their grave consequences and the lessons we need to learn from them.

He made the students understand various problems faced by victims who undergo ragging and their family's suffering. He moved on to the most important part of mentioning the seriousness and gravity of ragging including the legal part. He also mentioned the various IPC codes under which actions can be taken against the culprit. He insisted that the students should not tolerate any act under the name of ragging and immediately report it to the head of the institution or any member of the Anti ragging committee. He concluded by giving beautiful examples on the fact that we all have to coexist and thrive in peace and harmony. The lecture was very much appreciated by the students.

The students were shown a set of educational videos against ragging created by University Grants Commission and recommended by the Dental Council of India.

The lecture was followed by a training program for the anti ragging committee and squad members at the conference room. The speaker stressed upon the importance of the dental college being a calm and peaceful atmosphere devoid of ragging, to enable the student to study the course. He made a point that the Dental Council of India wants every dental college to create an environment conducive for learning and take all necessary steps to prevent/prohibit/curb ragging of any type inside the campus. He also asked the committee members to be available and approachable for the students in case of any such issue.





DATE - 10/ 10/ 2019	SIGNATURE	No.	. Alan	d'in the	- they	11. W. A.	i de	a the B	nule above.	(ABMACH -	R. Hunde	102	All	Fa	Jul conceptor that	X predent	5. HR.			
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	NAME OF THE STAFF / MEMBER	DR-CHIGHRA R-CHAMPRAN	DR-S- BALACOPAL	DR.J-VENKATARCISHNAN	DP - VANDANA LAMES.		Dr. D. Gayalhe	DA. D. ALITA	Dr. Juala Cathesme	DR. DARTHASARADHIJ	DR. R. AN ANDH	V- Jai Jan than	Dr BUNIL VERQUESF	M3. Amosnath Daman.	ARCHANA SZIRANULU	R. AKILASH	J. HARRIS			
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TAGORE DENTAL COLLEGE AND HOSPITAL ANTI - RAGGING PROGRAM ATTENDENCE SHEET

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Soft Skills Program

Date: 15 April, 2019

Time: 11:30 – 12:30

Attendees: 1st year Students

Resource Person: Mr. Kartikeyan (MBA Dept, Tagore Engineering College)

As a continuation of fulfilling the goal of developing the personality of every individual associated with our college, we had organized this particular one hour session for our first year students.

From the word go, the resource person captivated his audience.

Mr. Karthikeyan's public speaking skill & modesty was very evident when he managed to invoke interest. He especially dwelt on the topic of practising speaking in English and quoted experiences from his own life to make the point clear.

He concluded that all have to keep learning throughout our lives. And importantly practice whatever we learn. It will lead to greater success personally and professionally.

Overall the students were thoroughly encouraged to progress to greater heights while keeping a cool attitude, irrespective of circumstances & ridicule.

Special Thanks to Dr. P. Priyadarsini (HOD, MBA Dept, TEC) who has coordinated to arrange this program for the benefit of the students.

